Different Strokes
Reclaiming lives after stroke




RECLAIM YOUR LIFE AFTER STROKE

A stroke can happen at any age. We specialise in peer support for stroke survivors of working age. We're here to help you navigate the challenges of life post-stoke.

Our Services:

- **Information helpline**
- **Comprehensive resources**
- **National peer support groups**
- **Online peer support**
- **Physical recovery videos**

AND MUCH MORE

Scan to visit our website

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www.differentstrokes.co.uk

Different Strokes is a registered charity in England and Wales (1092168) and Scotland (SC044190)